

Bridge to Hope

Bridge to Hope supports the families and friends of loved ones affected by substance addiction. This program offers weekly support group sessions. Bridge to Hope does not offer counseling or advice, but it does provide a safe refuge for people seeking to find support. Facilitators trained and certified in addiction attend each session to provide structure for the group. More than 400 families from the region are involved in the program. Sessions are attended on average by 15-30 people including parents, grandparents, aunts and uncles, spouses, older siblings, fiancés and so on.

Bridge to Hope Meetings

Wednesdays at 7 pm

Passavant Hospital Foundation Conference Center - Room 1

(located next to Cumberland Woods Village Independent Senior Living Facility on the UPMC Passavant Campus)

700 Cumberland Woods Drive (off Cumberland Rd.)

Allison Park, PA 15101

Beyond Bridge to Hope

Beyond Bridge to Hope is a monthly Bereavement Support Group for adult family members who have experienced the death of a loved one due to drug or alcohol abuse. Meetings are facilitated by a certified grief counselor, whose specialty is in the area of bereavement, **Susan Wesner RN, MSN, CS**, a psychiatric clinical nurse specialist at Western Psychiatric Institute and Clinic of UPMC. Beyond Bridge to Hope does not offer medical or psychological advice.

Beyond Bridge to Hope Meetings

Monthly on the Second Wednesday at 7 pm

Chapel at Cumberland Woods Village Independent Senior Living Facility (on the UPMC Passavant Campus)

700 Cumberland Woods Drive (off Cumberland Rd.)

Allison Park, PA 15101

Cumberland Woods: 412-635-8080

Foundation: 412-748-6640

Program Consultant: 412-748-5120