



Leadership at UPMC Passavant currently includes (from left to right): Susan Hoolahan, MSN, RN, NEA-BC, president of UPMC Passavant; Wende Goncz, DO, MMM, CJCP, vice chair and clinical director of anesthesiology and president-elect of the UPMC Passavant Medical Staff; Karen Schogel, MD, FACP, past president of the UPMC Passavant Medical Staff; and Joann Kim, MD, FCCP, president of the UPMC Passavant Medical Staff.

## A Legacy Through Leadership

### How leaders at UPMC Passavant are teaming with Passavant Hospital Foundation to expand health care and wellness services throughout the community

In 2019, Susan Hoolahan, MSN, RN, NEA-BC, became president of UPMC Passavant, bringing with her more than 30 years of experience in health care.

Karen Schogel, MD, FACP; Joann Kim, MD, FCCP; and Wende Goncz, DO, MMM, CJCP have taken the helm of the UPMC Passavant Medical Staff, occupying the three top seats of a distinguished committee that serves as the liaison and lifeline between the hospital administration and doctors.

Together, these leaders are implementing new and improved ways of providing a consistently reliable, high-quality and safe patient experience while striving to deliver the right care, in the right way, at the right time to every patient. And, as always, Passavant Hospital Foundation

is at their side, assisting when needed, every step of the way.

One of Ms. Hoolahan's biggest projects as hospital president is leading the current growth of UPMC Passavant, on both the McCandless and Cranberry campuses. This includes expansions in cancer, heart, and women's services, as well as the opening of a new women's specialty center at the UPMC Lemieux Sports Complex in Cranberry Township.

"The Foundation has awarded us a grant, which was matched by UPMC, to update and expand services. We're establishing a retail pharmacy, new entrances and registration areas, express labs for convenience, a woman's imaging center for mammograms, DEXA scans for bone density measurements, and

more. Designs and planning are just about complete, and we hope to start construction soon," Ms. Hoolahan said.

In addition to this grant, the Foundation is funding 19 more projects, including new equipment which allows technicians in the cardiac lab to perform heart catheterizations through a patient's wrist instead of the groin. They're helping at the Heart and Vascular Institute, where new projects are being launched this year, including minimally invasive aortic valve replacement and robotic surgeries. Another grant is funding a respite room for the emergency room staff in Cranberry to provide a quiet, peaceful space to help relieve stress on a daily basis. "The mission of the hospital and the Foundation are aligned. Our goals are going

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Delivering a donation of \$4,640 to the food pantry at North Hills Community Outreach at Thanksgiving is, pictured left to right, Passavant Hospital Foundation President Anthony R. Savannah; Vice Chair and Clinical Director of Anesthesiology and UPMC Passavant Medical Staff President-Elect Wende Goncz, DO, MMM, CJCP; Clinical Director Allison Lewis, MSN, CRNA, MBA; and nurse anesthetist Emily Whitco, MSN, CRNA.

to allow us to serve our communities in the north, to be the #1 hospital that provides services that our community needs. There are a lot of exciting things going on," Ms. Hoolahan explained.

Dr. Karen Schogel, an internal medicine specialist, is currently serving in the capacity of past president of the UPMC Passavant Medical Staff. She also serves on the hospital board of directors and the Passavant Hospital Foundation board of directors.

"I was able to carve out the time to make it all work," she chuckles. "It's good because it gives me a clinical role and an administrative role, so I can keep in touch with what's going on at the hospital from multiple perspectives. This helps me provide unique insights for how the Foundation can most effectively impact the hospital, its staff and our community members," she said.

A recent example of this was during the COVID-19 outbreak last spring. Doctors and medical staff were working long, strenuous hours and were reluctant to go home, afraid they might inadvertently spread the virus throughout their own households.

"In my opinion, one of the most meaningful things the Foundation has done is partner with the hospital to help support hotel stays and provide food for front-line workers who had young families at home during the COVID pandemic," Dr. Schogel said. "Many of our doctors and nurses chose to stay at hotels instead of putting their families at risk. Some stayed in a hotel for eight straight weeks at the height of the crisis. The Foundation helped make it more affordable. That's what I'm most proud of."

Pulmonologist Joann Kim, MD, FCCP, is currently serving as both president of the UPMC Passavant Medical Staff and as a member of the board of directors for Passavant Hospital Foundation. She greatly appreciates the Foundation's ongoing support through grants for state-of-the-art medical equipment and technology, as well as the occasional free lunches and publicly displayed notes of appreciation to doctors and staff, but she's especially grateful for the ways the Foundation helps the community, too. So when the Foundation sponsored a holiday gift program for residents at the Mars Home for Youth, Dr. Kim jumped at the chance to help.

"I think I went overboard," she said. "I bought tons of shampoos, deodorants, soaps and toothpaste. I also bought lots of toys. My car trunk was overflowing. It took six trips back and forth from my car to unload all the stuff."

Likewise, Dr. Wende Goncz, president-elect of the UPMC Passavant Medical Staff and vice chair and clinical director of anesthesiology at UPMC Passavant, was thrilled to reach beyond the walls of the hospital to help the community. Her staff raised \$2,320 for the food bank at North Hills Community Outreach at Thanksgiving, and the Foundation was delighted to match the contribution. "We love our community. These are our neighbors, our families. It's so important to keep that connection," Dr. Goncz said.

"We are blessed as a Foundation to have amazing leadership in Ms. Hoolahan, Dr. Kim, Dr. Schogel and Dr. Goncz," said Passavant Hospital Foundation President Anthony R. Savannah. "As Passavant Hospital Foundation family, their constant support provides encouragement, energy and balance as we serve the health of the community, our patients, their families and our Health Care Heroes."

## Bridge To Hope addresses alarming consequences of the COVID pandemic

When the COVID-19 pandemic hit early last year, a lot of attention focused on its toll on senior citizens, who experienced the highest cases of hospitalizations and deaths. Less publicized was the pandemic's dramatic effect on the mental health of younger people — specifically those aged 13-22 — who saw a 49.6% increase in depression, a 67.5% rise in generalized anxiety disorder, and a 334% spike in intentional self harm, such as cutting, according to a study by the non-profit FAIR Health.

With the sudden interruption to school, extracurricular activities and social events, teens and young adults were cut off from the things that play such a big role in their sense of self. This severely affected their developmental process.

"Addiction goes hand-in-hand with mental condition. It's called a 'Co-Occurring Disorder.' When you're depressed, you may start to drink, and when you drink, you become more depressed," said Janine Sidoruk, program consultant for Bridge To Hope, a Passavant Hospital Foundation educational and support program for the family members of those dealing with an addiction.

"Since the pandemic, attendance at our weekly Bridge To Hope meetings increased. In the fourth quarter alone, it went up 30%," Janine said. Currently, the group meets every Wednesday at 7 p.m. via Zoom. It is free and open to all. For more information, please call Janine at 412-748-5120 or email her at sidorukj@upmc.edu.



UPMC Passavant Patient Transporter Michelle Dickman wheels a patient through the hospital using one of the new stretchers funded through a shared grant with Passavant Hospital Foundation.

### Shared grant funds 15 new, state-of-the-art stretchers

With a shared grant of \$186,710 from Passavant Hospital Foundation, Passavant Hospital Auxiliary and UPMC Passavant, the hospital acquired 15 new Stryker Prime Series stretchers for its fleet.

"They're the Cadillac of stretchers — they reduce physical strain on clinicians, enhance patient safety and comfort, provide versatility in their use, and can accommodate weights up to 700 pounds," said Lori Ferguson, director of environmental services and patient transport at UPMC Passavant. "With the hospital continuing to grow, it's so important for us to have the proper equipment to meet the demand."

### Passavant Hospital Auxiliary funds "Tea Cart for the Soul"

The Auxiliary has begun contributing \$50 each month to support a "Tea Cart for the Soul," which is wheeled to every unit within the hospital, offering a variety of free snacks and beverages to nurses, aides and staff.

"It's good to give them a break during their hectic day. It means a lot to them to have this kind of support. It helps them help patients," said Auxiliary President Jean Muth.

## Local Girl Scouts honor health care workers

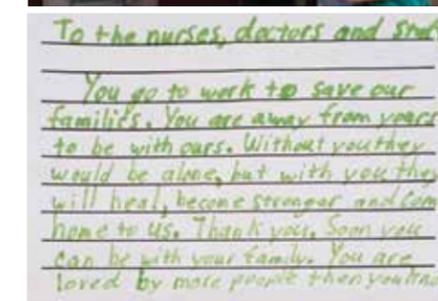
Over the winter holidays, Girl Scout Troop 52424 was given a task by their leader, Laurie Bungard: reach out to as many friends, family, and classmates as possible and make 'thank you' cards for the health care workers at UPMC Passavant who have sacrificed so much to care for us through the pandemic.

The response was overwhelming.

The eight cadets, who are sixth-graders at Carson Middle School, socially-distanced at picnic tables in North Park in 18° temperatures to write notes of gratitude and encouragement. They organized other local Girl Scout troops, as well as every student at Hosack Elementary School, to write additional notes and draw posters.

"We received hundreds and hundreds of posters, letters and pictures. We displayed them on the walls of our employee entrance at the hospital and the medical and hospital staff loved it," said Passavant Hospital Foundation

Administrative Coordinator Nicole Kaib (pictured below accepting the cards). "The cards and posters motivate everyone and remind them they're appreciated. I've personally seen staff members taking pictures of their favorite cards and sentiments."





## Foundation raised more than \$13,000 during its first-ever Virtual Purse and Tool Bash; second event planned for October 2021

Participants virtually browsed through a variety of designer purses and a wide assortment of power tools during Passavant Hospital Foundation's first-ever Purse and Tool Bash fundraiser last October. About 150 virtual attendees purchased more than 280 tickets for a chance to win items like a Michael Kors tote with matching wallet; a Kate Spade backpack; a Dooney & Bourke Navy Sydney Satchel; a Craftsman 7-Amp. Corded Hammer Drill; a Ryobi Drill Press with Exact Line Laser; and a Kobalt 100-piece tool set. The items, worth \$7,000, were donated by UPMC

Passavant physicians, hospital staff and community members. The winner of the 50/50 Raffle generously donated their \$1,750 winning share back to the Foundation. In all, \$13,537 was raised to benefit the Foundation's Cancer Care Fund, which supports UPMC Passavant cancer patients by helping to offset costs associated with medications, housing, food, transportation and end-of-life care.

The next Purse and Tool Bash will be held on Saturday, October 16 via Facebook Live. To purchase raffle tickets, visit [PassavantHospitalFoundation.org](http://PassavantHospitalFoundation.org).

## Foundation's 4K/8K Run/Walk broke all fundraising records last year; next event planned

In August, Passavant Hospital Foundation held its annual 4K/8K Run/Walk virtually, due to the COVID-19 pandemic. Still, nearly 150 participants registered and help set a new net fundraising record, raising \$9,410 for the Foundation's mission.

This year, the 9th Annual 4K/8K Run/Walk will be offered in person and virtually!

The in-person event will be held on Friday, August 13 at the North Park Pool Loop. Registration is \$25 per person. Deadline to register is August 10.

The virtual event will be held from August 1 – August 31. Registration is \$20. Deadline to register is August 31.

All participants, whether in person or virtually, will receive an official t-shirt.

All proceeds benefit Passavant Hospital Foundation's mission to support our patients, their families, UPMC Passavant staff and the communities we serve.

For more information, or to register, contact Amanda Posa at 412-748-6641 or [posaaa@upmc.edu](mailto:posaaa@upmc.edu).

## Passavant Hospital Foundation partners with CCAC North Campus to provide a variety of free health and wellness education programs for the public

Passavant Hospital Foundation is partnering with CCAC North Campus to provide a variety of health and wellness education programs for the public. All programs are free, but registration is required by calling 412-788-7546.

### Menopause and Women's Heart Health

Tuesday, September 14, 2021 6:30 – 8:30 PM CCAC North Campus

Lydia Davis, MD, is a cardiologist with the UPMC Magee-Women's Heart Program at UPMC Passavant Heart and Vascular Institute. In this presentation, Dr. Davis will discuss the increase of heart disease among post-menopausal women, and will share prevention and treatment options.

### It's All About the Hip

Tuesday, October 12, 2021 6:30 – 8:30 PM CCAC North Campus

Eric A. Chen, MD, total joint replacement surgeon with Tri Rivers Musculoskeletal Centers, will review all things hip-related: anatomy, arthritis and related symptoms, plus conservative and surgical treatment options, including newer techniques involving implant considerations and anterior total hip replacement. He will also discuss the importance of the physician-patient partnership. His presentation will include an informative lecture followed by a question-and-answer session.

### Updates in Lung Cancer

Tuesday, November 9, 2021 6:30 – 8:30 PM CCAC North Campus

Join Kiran Mehta, MD, radiation oncology, and Jennifer Osborn, MD, hematology oncology, from UPMC Hillman Cancer Center at UPMC Passavant, to learn the advances in lung cancer treatments and updates in medical and radiation oncology.



**PASSAVANT HOSPITAL FOUNDATION**

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