

# Sign up for a free health seminar!



Passavant Hospital Foundation partners with UPMC Passavant to provide a variety of health and wellness education programs that are free and open to all. Each interactive class is led by an expert in the field who provides up-to-date medical information in terms people of all ages can understand. Registration is required at [PassavantHospitalFoundation.org](http://PassavantHospitalFoundation.org) or 412-748-6641.

## Solutions for Hip or Knee Pain... Including Robotic Joint Replacement

Tues., Mar. 19 • 6:00 – 7:30 PM • Assembly Hall at UPMC Passavant

Learn to manage (and possibly eliminate) your debilitating arthritic joint pain as various surgical and non-surgical options are explained by Eric A. Chen, MD, UPMC orthopedic surgeon.

## Jaw Pain – Common Causes and Treatments

Thurs., Mar. 28 • 6:00 – 7:00 PM • Northland Public Library

Understand the signs, symptoms, common causes, treatments and interventions of pain and dysfunction related to temporomandibular joint disorder (TMJ). Natalie Novak, PT, DPT, OCS, of UPMC Rehabilitation Institute, will lead this seminar.

## The Use of Robotic Technology in Heart Surgery

Tues., Apr. 16 • 6:00 – 7:30 PM • Assembly Hall at UPMC Passavant

Cardiac Surgeon Johannes Bonatti, MD, FETC, of UPMC Heart and Vascular Institute, will describe the design and function of a surgical robot and show examples for its application in heart surgery. Dr. Bonatti will demonstrate and outline how robotic technology can dramatically reduce the invasiveness of surgical procedures.

## Women's Health

Thurs., Apr. 25 • 6:00 – 7:00 PM • Northland Public Library

We'll discuss the risk factors and learn how to recognize and treat lymphedema in your upper and lower extremities. This seminar is led by Domencia Sutherland, PT, DPT, CLT, of UPMC Rehabilitation Institute.

## Stroke Prevention in Atrial Fibrillation

Tues., May 21 • 6:00 – 7:30 PM • Assembly Hall at UPMC Passavant

Atrial fibrillation is a common arrhythmia. Sandeep Jain, MD, FACC, FHRS, director of the Cardiac Electrophysiology and Center for Atrial Fibrillation, UPMC Heart and Vascular Institute, will discuss many treatment options, including medical therapy and procedures.

## Dizziness and Vertigo

Thurs., May 23 • 6:00 – 7:00 PM • Northland Public Library

Explore the causes of dizziness and explore the body's balance system, including specific ear pathologies that may contribute to the condition. Treatment interventions will also be discussed. This class is led by Tracy Spitz, MPT, CBIS, of UPMC Rehabilitation Institute.



# PASSAVANT HOSPITAL FOUNDATION


Spring/Summer 2024

## Growing Together Since 1849



Susan E. Hoolahan, MSN, RN, NEA-BC, President of UPMC Passavant.

Legacy of Caring

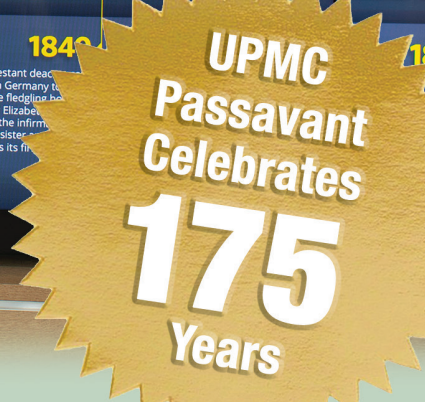


**Reverend Dr. William Alfred Passavant**  
Oct. 9, 1821 – June 3, 1894

This timeline is dedicated to our founder, Rev. Dr. William A. Passavant, whose determination, dedication, and talent inspired the creation, mission, and growth of our hospital.

Those who give and serve today are a continuation of Legacy of Caring.

<p><b>1821</b></p> <p>William Passavant is born in Zelenople, Pa., the youngest son of Philippe Louis and Friedricka "Julie" Basse Passavant. At the age of 19, he enters Gettysburg Seminary and prepares for a lifetime of distinguished service in the ministry.</p>	<p><b>1848</b></p> <p>While caring for ailing soldiers returning from the Mexican-American War, the 27-year-old Reverend Passavant organizes the nation's first Protestant hospital. It would officially open as the Pittsburgh Infirmary in the city's Hill District in 1849.</p>	<p><b>1851</b></p> <p>Sister Louisa Marthens becomes the infirmary's first known volunteer. The institution receives its first bequest from the estate of Sarah Fearns.</p>	<p><b>1860</b></p> <p>Wounded Civil War soldiers are brought to the Pittsburgh Infirmary for care from nearby battlefields. Generous soldiers make donations; legislators award funding "services to the suffer..."</p>
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- MAR 30** **National Doctor's Day**  
Honor your favorite doctor by sending a note or making a contribution in his or her name to Passavant Hospital Foundation.
- MAY 3-5** **Dick's Sporting Goods Pittsburgh Marathon**  
Join the Passavant Hospital Foundation Fundraising Team! Contact

- Amanda French, Passavant Hospital Foundation Events Coordinator. at [posaaa@upmc.edu](mailto:posaaa@upmc.edu) or 412-748-6641.
- JUNE 3** **Annual Golf Outing**  
Enjoy a day on the links at Treesdale Golf and Country Club while helping Passavant Hospital Foundation raise money for its mission.
- AUG 9, 10** **4K and 8K Run/Walk Events**  
Passavant Hospital Foundation's annual 4K and 8K Run/Walk will take place on Friday evening, August 9 at the North Park Pool Loop. The second annual Family 5K Wellness Run/Walk and Kids' Fun Run will be held on Saturday, August 10 at UPMC Passavant Sportsplex at Graham Park in Cranberry Township.

- SEPT 19** **Legacy of Caring Gala**  
More than 450 participants attended last year's gala and helped Passavant Hospital Foundation raise nearly \$170,000 for its mission. The next gala will be held at the DoubleTree by Hilton Pittsburgh-Cranberry on September 19.
- OCT 25** **Annual Purse & Tool Bash**  
Join us virtually on Facebook Live and Microsoft Teams on Friday, October 25 to bid on a vast array of power tools and designer purses, handbags and backpacks!

For details on all our upcoming events, go to [PassavantHospitalFoundation.org/Events](http://PassavantHospitalFoundation.org/Events)

## Building off a rich history, UPMC Passavant looks to a bright future

UPMC Passavant is an advanced tertiary care center in the heart of northern Allegheny and southern Butler Counties, offering patients access to more than 400 board-certified physicians across 22 specialties. It is home to state-of-the-art surgical procedures and diagnostic testing with robotic capabilities. And it offers a plethora of specialty services, such as UPMC Hillman Cancer Center, UPMC Heart and Vascular Institute, emergency care services and more — all with a patient-and-family-centered atmosphere that has become a hallmark of UPMC Passavant.

All of this grew out of very humble beginnings.

Rev. Dr. William A. Passavant, a Lutheran minister born in Zelenople, founded the hospital in 1849 to serve Mexican War soldiers. Known as the Pittsburgh Infirmary, it was the first Protestant hospital built in the United States and was located in what is now the Hill District of Pittsburgh.

In the 1960s, North Hills community members banded together to relocate the hospital north of Pittsburgh because no hospital existed in the northern suburbs. They signed petitions and conducted door-to-door fundraising to make it possible and, in 1964, the hospital moved to its current location in McCandless Township. It was renamed North Hills Passavant Hospital and began serving as a full-service hospital for residents of northern Allegheny County.

The hospital merged with UPMC in 1997 and added a satellite campus in Cranberry Township a few years later, expanding its reach to many more people in Butler County and surrounding regions.

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## PASSAVANT HOSPITAL FOUNDATION

9100 BABCOCK BLVD, PITTSBURGH, PA 15237  
412-748-6640 • [PASSAVANTHOSPITALFOUNDATION.ORG](http://PASSAVANTHOSPITALFOUNDATION.ORG)



**UPMC Passavant's 175th anniversary,**  
*Continued from previous page*

Now under the helm of UPMC Passavant President Susan Hoolahan, MSN, RN, NEA-BC, the hospital continues to grow exponentially in both size and services. In recent years, a \$36 million expansion project brought a retail pharmacy, a new UPMC Heart and Vascular patient care area, an expanded UPMC Magee-Womens Specialty Services and breast imaging center, a pre- and post-surgical testing center, a strong affiliation with UPMC Children's Hospital of Pittsburgh for emergency pediatric care, and more to the UPMC Passavant-McCandless campus. Another large expansion project is currently underway at the UPMC Passavant-Cranberry campus.

Since 1981, Passavant Hospital Foundation — a non-profit entity dedicated to advancing health and wellness through education, outreach and grant-making — has supported the hospital and its patients in many ways, including raising more than \$122 million for hospital expansion and renovation projects, the procurement of cutting-edge medical equipment, and nursing education.

With all of UPMC Passavant's growth over the years, one thing remains constant: high-quality care. "That's what makes me the most proud: the high level of patient care and the world-renowned clinical expertise provided by our physicians, nurses and staff," Hoolahan said. "We're a Magnet-designated hospital, which means we meet or exceed the gold standard in nursing care. We're consistently ranked as the #2 Best Regional Hospital in the Pittsburgh Metro Area by *U.S. News & World Report*, based on quality of care."

UPMC Passavant was the first hospital in the North Hills and is the community's largest hospital today. As health care continues to evolve and advance, UPMC Passavant is dedicated to providing state-of-the-art capabilities and the highest standard of care to the region, and looks forward to serving this community far into the future. ■



North Allegheny Senior High School students who helped lead an effort to donate gifts to patients were (front row, from left to right) Ryder Boles, Carlyn Vaupel, Connor Fadgen, Tyler Eyerman and Lauren Keyser. Pictured in the back row (left to right) are UPMC Passavant employees Paul Hanlon, Senior Director of Quality, Patient Safety and Compliance; Cory Vogel, Director of Human Resources; Lisa Bryan, Chief Nursing Officer; and Michelle Michaelis, Manager of Patient Experience.

## Teen leads project to provide gifts for patients

As a part-time hospitality associate who interacts directly with patients at UPMC Passavant, Connor Fadgen, 18, witnesses the emotions that go along with being admitted to the hospital. This knowledge inspired him to make a difference in the lives of others this past holiday season.

"I decided to collect donations to provide gifts for patients at UPMC Passavant to help cheer them up," said the North Allegheny Senior High School student. "I wanted to get my entire school involved."

He promoted the idea on the morning announcements at school and recruited help from friends and classmates in Student Council, National Honor Society, Key Club, and other school groups. His goal was to collect enough donations to provide gifts for 35 patients, but after just two weeks, he'd collected enough for 150 patients.

Students donated coloring books, boxes of colored pencils, word games, hand lotion, socks, blankets, and board games. He included two of these items, plus a handmade card, in each gift bag.

"We'd set up a table in the school cafeteria so students could come over and make cards with nice messages during their lunch period. People started hovering over the tables to make cards. They made 200 cards in just two or three days," Fadgen said.

Several students, including Fadgen, transported the gifts to the hospital and distributed them to patients in the days surrounding Christmas.

"It took eight hours to distribute them all," Fadgen said. "The patients were overwhelmed. It brought tears to the eyes of some, and brought a smile to everyone's face, including the students who helped and felt so good about helping. At the end of the day, they knew they'd done an awesome thing."

Although he'll be graduating from high school this coming spring, Fadgen is excited to mentor next year's Student Council to keep this project alive, and to be a part of it next year. "Maybe we can make it even bigger by involving more NA schools and possibly taking the gifts to a variety of UPMC facilities," he said. "That would be amazing." ■

## A tireless group of volunteers works behind the scenes to provide a better experience for UPMC Passavant patients

The Passavant Hospital Auxiliary is a dedicated group of volunteers who have conducted many fundraising events — including craft, chocolate, jewelry and bake sales, themed basket auctions, and the annual "Lights of Love" holiday tree honoring and memorializing loved ones — in order to raise money to benefit patients, patients' families, and staff of UPMC Passavant. Since 1961, the Auxiliary has raised and donated more than \$4 million to the hospital.

Items funded by the Auxiliary and intended for patients and their families include cell phone rechargers in waiting rooms, free valet parking, specialty wheelchairs, blanket warmers, and the renovation of patient care rooms into end-of-life care rooms. For nurses, aides and hospital staff, the Auxiliary purchased a mobile tea cart and created a plan to keep it well stocked with free beverages and snacks to keep employees energized. The Auxiliary also continues to team with Passavant Hospital Foundation and UPMC Passavant to support bigger renovation

projects like the recent \$36 million expansion at UPMC Passavant.

If you'd like to support the Auxiliary and its fundraising efforts, please go to [passavanthospitalfoundation.org](http://passavanthospitalfoundation.org) to see the schedule for various vendor sales at the hospital.

If you'd like to join the Auxiliary and help with its mission, please contact Nicole Kaib, Passavant Hospital Foundation's Administrative Coordinator, at 412-748-6639. ■



2024 Passavant Hospital Auxiliary officers (from left to right): Carol Koontz, president; Rita Jastrebski, vice president; Janese Abbott, secretary; Debbie Marziano, treasurer

## Bridge To Hope offers in-person and virtual support to families of those suffering substance-abuse disorder

Bridge To Hope, a weekly Passavant Hospital Foundation educational and support program based in McCandless Township, is a peer-led support group consisting of members who have one specific experience in common: a loved one struggling with a substance abuse disorder. The group focuses on its members' shared ideas, experiences, hopes, and successes. It meets virtually

at 7:00 p.m. each Wednesday; an in-person meeting is offered at 7:00 p.m. on the last Wednesday of the month. Meetings are open to all adults and are free, although registration is required by calling Bridge to Hope at 412-748-5120 or by emailing us at [b2h@upmc.edu](mailto:b2h@upmc.edu).

Bridge to Hope has served more than 5,000 local families since its inception in 1999.

A monthly bereavement support group, called Beyond Bridge to Hope, serves those who have lost a loved one to a substance abuse disorder. Led by a certified grief counselor, it meets once a month. Call 412-748-5120 for details. ■



## Passavant Hospital Foundation awarded several community grants in 2023

The Foundation advances key health and wellness initiatives that support UPMC Passavant patients and their families, hospital staff and the community. Last year, the Foundation awarded community grants totaling nearly \$37,000 to organizations including:

**Anchorpoint Counseling Ministries:** for their bereavement groups.

**Glade Run Lutheran Services:** for the purchase of two automated external defibrillators (AEDs).

**Highland Firemen's Association:** for the purchase of two AEDs.

**Kearns Spirituality Center:** for their Comfort & Hospitality program.

**McCandless Franklin Park Ambulance Authority:** for upgrading and replacing stretchers, along with airway kits.

**Mars Home for the Youth:** to help build stronger families through the MST-Psych Family Support Program.

**North Hills Community Outreach:** to help provide food for low-income families and older adults.

**Orchardview Stables:** for the Equine Assisted Learning and Psychotherapy programs.

**Peebles District Volunteer Fire Company:** for the purchase of two new AEDs.

**To apply for a community grant from Passavant Hospital Foundation, go to [PassavantHospitalFoundation.org](http://PassavantHospitalFoundation.org) for application dates and deadlines.**